

Period of Stay Guidelines

Principles

To contribute to minimising the risks to COVID-19 exposure of athletes, competition partners and NPC team officials residing within the Paralympic Village and cycling accommodations, the IPC and Tokyo 2020 have agreed to a set of guidelines applicable to all NPCs relating to their arrival and departure for the Tokyo 2020 Paralympic Games.

In the interest of ensuring adequate on-site sporting acclimatisation and training prior to their first event, athletes, competition partners and NPC sport-specific team officials should arrive at the Paralympic Village or cycling accommodations **between five (5) to seven (7) days prior to the start of the first day of competition of their discipline/sport:**

- **Training in Tokyo 2020 venues will only be available five (5) days prior to the start of each discipline/sport** unless noted on Appendix A (e.g. Equestrian).
- Participants may arrive up to seven (7) days prior to the start of the first day of competition of their discipline/sport for acclimatisation, to adapt to time differences, and/or to ensure five (5) full training days. Note that where possible, and when an NPC has access to a Pre-Games Training Camp in Japan, athletes and competition partners should acclimatise to the time differences there rather than in the Paralympic Village or cycling accommodations.
- In cases where travel time to Japan and time difference is minimal, the number of days spent in the Paralympic Village prior to the competition should be shorter. More details are available in Appendix A.
- Athletes, competition partners and NPC sport-specific team officials who arrive more than 7 days prior to the start of their discipline/sport will be denied entry into the Paralympic Village.
- The Chef de Mission and NPC Administrative personnel can arrive for scheduled DRMs and prepare for the arrival of their delegation.

Athletes, competition partners and NPC sport-specific team officials must depart no more than 48 hours after their final event or the completion of their specific competition (i.e., the final day of swimming competition for all participants) or when they are eliminated.

- Participants accreditation could be deactivated 48 hours after elimination if they are found to be in violation of the Period of Stay Guidelines without granted exceptions.
- **Athletes, competition partners and NPC sport-specific team officials residing in all cycling accommodations are discouraged from going to the Paralympic Village – Harumi, Tokyo in order to minimise any cross-contamination risks.**

Limited Exceptions

There will be no additional exceptions for time zone or acclimatisation.

The IPC and Tokyo 2020 will consider limited exceptions to NPCs' arrival and departure policies subject to certain criteria, while ensuring the integrity of the guidelines:

- Further exceptions may be granted for:
 - Equestrian, in order to align the arrival of the horses in Japan with the arrival of the athletes. More details in Appendix A.
 - Training and Competition Partners: In sports (i.e. wheelchair tennis) where eliminated athletes or competition partners may still be required to act as a training or competition partner for other athletes still competing. More details in Appendix A.
 - Flight Availability & Travel Considerations: Limitations in global flight availability and schedules, as well as considerations to ensure that athletes (particularly minors or athletes with high support needs) are not traveling on their own.
 - Opening and Closing Ceremonies: To guarantee the representation of all NPCs, proximity of competition start/completion dates to the respective Ceremonies will be considered for flagbearers.
 - Opening Ceremony flagbearers may arrive up to 48 hours prior to the Opening Ceremony. There will be no changes to the training dates.
 - Closing Ceremony flagbearers may request a departure exception.
 - Athletes Competing in Multiple Sports: Athletes can remain until their final event or competition has concluded.
 - Cycling Accommodations (Izu, Fuji): Athletes and competition partners can return from their respective cycling accommodations to the Paralympic Village for transit upon arrival/departure and/or for participation in the Opening and Closing Ceremonies.

Exception request process is available on Appendix C.

FAQs

Team Officials

Q: Are NPC team officials obliged to leave after having fulfilled their mission or can they stay to support the NPC?

A: NPC sport-specific team officials should follow the same policy as for the athletes. They should arrive at the earliest with the first athlete arrival of their sport and depart at the latest with the last departing athlete of their sport.

NPC non sport-specific team officials can arrive and depart depending on NPC needs whilst minimising their time in the Paralympic Village or Cycling accommodations following the departure of their last athlete.

Additional Team Officials (ATOs) follow the same guidelines as the other NPC team officials. Their arrival/departure pattern is dependent on their role (sport-specific or not).

Exceptions

Q: What is the 48 hours exception application and approval process for Sports with knock-out rounds?

A: It is the NPCs' responsibility to ensure flexible flight tickets for athletes competing in knock-out format sports to comply with the Period of Stay Guidelines. Athletes and team officials who do not depart the Paralympic Village within 48 hours of elimination could have their Accreditations deactivated if exceptions have not been granted.

Q: If an athlete or official has spent more than 14 days in Japan and passed the 'quarantine' period, are they exempt of the 48-hour departure rule?

A: No, they may stay in Japan but must leave the Paralympic Village. As mentioned in the Playbook for Athletes and Officials, the length of their stay in Japan has been minimised to reduce the risk of infection and help ensure a safe and successful Games. When leaving Japan, they should continue to follow the Playbook – including hygiene and distancing rules – throughout their departure and until they reach their destination.

Q: Can an athlete come one day before or two days before the opening of the training venues, even if he/she does not need to acclimatise?

A: Yes, as long as he/she arrives between five (5) to seven (7) days prior to the start of his/her first day of competition of his/her discipline/sport.

Q: Is there any exception for shooting, considering the process to collect the firearms at the arrival in Japan?

A: No, there will be no exception for shooting. Athletes will collect their firearms and ammunition the day after they arrive (from the storage/armoury) and start training the following day, there is no need for exceptions.

Q: Will Equestrian athletes need to follow the same rule if their horses arrive more than seven days prior to the start of the first day of competition of their discipline/sport?

A: No. Equestrian athletes are included in the exceptions. See Appendix A for more details.

Paralympic Village/Accommodation Dates

Q: Will the pre-opening and opening of the Paralympic Village be changed?

A: Currently there are no plans to change the opening period of the Paralympic Village. This is to allow NPC staff to complete their DRMs and prepare the allotment for the

athletes' arrival. As a reminder, the current pre-opening days of the Paralympic Village are 15, 16 August 2021. The opening day of the Paralympic Village is 17 August 2021.

Q: Will Cycling accommodations follow the same principles of Period of Stay?

A: Yes, currently the sport specific accommodations will open on the previously announced dates with athlete's arrival up to seven (7) days prior and training venues open five (5) days prior.

Q: Will Grooms accommodations follow the principles of Period of Stay?

A: No, Grooms accommodation will be available in line with the arrival and departure flights of the horses.

External Accommodation

Q: Are NPC team officials and athletes residing outside the Paralympic Village and sport specific accommodation bound by the Period of Stay Guidelines?

A: No. When staying in external accommodation delegates may arrive as early or depart as late as needed and move-in/out of the Paralympic Village within the guideline days. However, please note that as mentioned in the Playbook for Athletes and Officials, the length of their stay in Japan has been minimised to reduce the risk of infection and help ensure a safe and successful Games. When leaving Japan, they should continue to follow the Playbook – including hygiene and distancing rules – throughout their departure and until they reach their destination. However, they are only permitted to go to Official Games Venues and limited additional locations, as defined by the 'List of Destinations and Movement' (to be published). They must not visit gyms, tourist areas, shops, restaurants or bars, etc.

Q: Is it possible to stay outside the Paralympic village (external accommodation) but train in the venues more than five days prior to the first competitions?

A: No, training venues will open five (5) days prior to the start of the first competition, unless noted in Appendix A (Equestrian).

Ceremonies

Q: If the medal ceremony is on a different day to the end of competition, is departure time based on the end of the competition or the medal ceremony?

A: If the medal ceremony is on a different day to the end of competition, departure should be up to 24 hours after the medal ceremony or 48 hours after the end of competition, whichever is later.

Q: Is the Opening Ceremony day considered a full training day?

A: Yes. The Opening Ceremony day is within the 5 training days.

Appendix A:

Sport/Discipline	Earliest arrival	Training start	Competition start	Competition end	Last departures*
Archery	20-Aug	22-Aug	27-Aug	4-Sep	6-Sep
Athletics	20-Aug	22-Aug	27-Aug	5-Sep	7-Sep
Badminton	25-Aug	27-Aug	1-Sep	5-Sep	7-Sep
Boccia	21-Aug	23-Aug	28-Aug	4-Sep	6-Sep
Canoe	26-Aug	28-Aug	2-Sep	4-Sep	6-Sep**
Cycling Road	24-Aug	26-Aug	31-Aug	3-Sep	5-Sep***
Cycling Track	18-Aug	20-Aug	25-Aug	28-Aug	30-Aug***
Equestrian	In line with horse arrivals from 17 Aug		26-Aug	30-Aug	In line with horse departures
Football 5	22-Aug	24-Aug	29-Aug	4-Sep	6-Sep**
Goalball	18-Aug	20-Aug	25-Aug	3-Sep	5-Sep
Judo	20-Aug	22-Aug	27-Aug	29-Aug	31-Aug
Powerlifting	19-Aug	21-Aug	26-Aug	30-Aug	1-Sep
Rowing	20-Aug	22-Aug	27-Aug	29-Aug	31-Aug**
Shooting	23-Aug	25-Aug	30-Aug	5-Sep	7-Sep
Sitting Volleyball	20-Aug	22-Aug	27-Aug	5-Sep	7-Sep
Swimming	18-Aug	20-Aug	25-Aug	3-Sep	5-Sep
Table Tennis	18-Aug	20-Aug	25-Aug	3-Sep	5-Sep
Taekwondo	26-Aug	28-Aug	2-Sep	4-Sep	6-Sep
Triathlon	21-Aug	23-Aug	28-Aug	29-Aug	31-Aug**
Wheelchair Basketball	18-Aug	20-Aug	25-Aug	5-Sep	7-Sep
Wheelchair Fencing	18-Aug	20-Aug	25-Aug	29-Aug	31-Aug
Wheelchair Rugby	18-Aug	20-Aug	25-Aug	29-Aug	31-Aug
Wheelchair Tennis	20-Aug	22-Aug	27-Aug	4-Sep	6-Sep**

*Athletes and Team Officials must depart earlier if the athlete/team is eliminated prior to the last day of competition.

** If reserve days are utilized the departure dates will adjust accordingly.

***Cycling Accommodation closes the day after competition (29 Aug and 4 Sept)

Sport/Discipline	Exception note
Equestrian	Athletes and Equestrian specific officials (Coaches, Grooms, Vets) may arrive/depart in line with the flights of their horses and in accordance with the opening of the grooms accommodation.
Athletics, Badminton, Judo, Table Tennis, Taekwondo, Wheelchair Fencing Wheelchair Tennis	Athletes who have finished or been eliminated from competition may stay up to 48 hours after the elimination of the last remaining athlete of their NPC in the discipline to act as competition or training partners.

Appendix B:

Category	Paralympic Village Arrival	Paralympic Village Departure
Ac Am Ao (ALL or Administrative, Medical staff) NPC - VIL Admin NPC- Chaperone	As needed after DRM completion.	With their last athletes or up to 24 hours after their last athlete departure.
Ao (1 sport - coach, team leader)	5 -7 days before start of discipline/sport competition	Up to 48 hours after the end of competition or elimination of their last athlete in the sport.
Aa Ab	5 -7 days before start of discipline/sport competition	Up to 48 hours after end of sport/discipline or elimination from competition.

Appendix C:

Exception request process

- Arrival exceptions: exception requests are due to NPC Relations by 11 June, 2021.
- For sports that have extended the qualifications beyond this date, exception requests will be considered after 11 June 2021.
- Granted exception requests only allow for entry into the Paralympic Village.
- Granted exceptions DO NOT allow for additional access to training venues.
- Exception requests are divided into two categories. Ordinary exception and Extraordinary exception.
 - o Ordinary exception:
 - Requests for 1-2 travel/acclimatisation days in the Paralympic Village. (6-7 days prior to start of competition).
 - Requests for athletes of the same discipline to remain as training or competition partners.
 - o Extraordinary exception
 - Any other request type not covered by ordinary exception is considered an Extraordinary Exception.
 - When purchasing flight tickets please assume that Extraordinary Exception requests will NOT be granted.
 - Extraordinary exception will NOT be granted for additional acclimatization or time difference reasons.
 - Limited to 2 athletes and 1 coach each per NPC for Opening Ceremony flag bearers. And limited to 1 athlete and 1 coach per NPC for Closing ceremony flag bearer.