

Level 2 Course Timetable WITH Eventing Module (suggested):

Day 1	Place	TIMETABLE
09.00-09.30	Meeting room	Registration of Coaches – Pre-Course Questionnaire
09.30-10.00		Theory Level 2 – Flatwork Skills
10.00-10.15		Coffee Break
10.15-12.15	Arena	Flatwork Coaching Skills 1-4 Demonstration
12.15-13.00		Lunch
13.00-14.00	Meeting room	Role of the Coach
14.00-17.00	Arena	Flatwork Coaching Skills 5-10 Demonstration
17.00-17.15		Coffee Break
17.15-18.00	Meeting room	Summary & Session Evaluation / End of the day
Day 2		
09.00-09.15	Meeting room	Introduction & Pre-Course Questionnaire
09.15-10.30		Theory Jumping Module 1 & 2
10.30-10.45		Coffee Break
10.45-12.45	Arena	Demonstration Jumping Modules 1 & 2
12.45-13.30		Lunch
13.30-14.30	Meeting room	Mental Fitness
14.30-15.15		Theory Jumping Modules 3 & 4
15.15-17.15	Arena	Demonstration Jumping Modules 3 & 4
17.15-17.30		Coffee Break
17.30-17.45	Meeting room	Summary of the day's Session
17.45-18.00		Session Evaluation - Assignments / End of day
Day 3		
09.00-10.00	Meeting room	Theory Eventing Module 1-4
10.00-10.15		Coffee Break
10.15-13.30	Arena	Demonstration Eventing Modules 1 & 2 (part 1)
13.15-14.00		Lunch
14.00-15.00	Meeting room	Skill development – Horse & Rider
15.00-17.15	Arena	Demonstration Eventing Modules 2 (part 2), 3 & 4
17.15-17.30		Coffee Break
17.30-18.00	Meeting room	Summary & Session Evaluation - Assignments / End of the day
Day 4		
09.00-10.00	Meeting room	Introduction & Mid-Course Questionnaire
10.00-10.15		Coffee Break
10.15-13.15	Arena	Coaching practice - 6 Coaches @ 30 minutes each
13.15-14.00		Lunch
14.00-15.00	Meeting room	Physical Fitness – Rider & Horse
15.00-16.30	Arena	Coaching practice - 3 Coaches @ 30 minutes each
16.30-16.45		Coffee Break
16.45-18.15		Coaching practice - 3 Coaches @ 30 minutes each
18.15-18.45	Meeting room	Review of Coaching practice & Assignments / End of day
Day 5		
09.00-10.00	Meeting room	Introduction & Mid-Course Questionnaire
10.00-10.15		Coffee Break
10.15-13.15	Arena	Coaching practice - 6 Coaches @ 30 minutes each
13.15-14.00		Lunch
14.00-15.00	Meeting room	The Sport & Safety
15.00-16.30	Arena	Coaching practice - 3 Coaches @ 30 minutes each
16.30-16.45		Coffee Break
16.45-18.15		Coaching practice - 3 Coaches @ 30 minutes each
18.15-18.45	Meeting room	Review of Coaching practice & Assignments / End of day
Day 6		
09.00-10.00	Meeting room	Introduction & Mid-Course Questionnaire
10.00-10.15		Coffee Break
10.15-13.15	Arena	Coaching practice - 6 Coaches @ 30 minutes each
13.15-14.00		Lunch
14.00-17.00	Arena	Coaching practice - 6 Coaches @ 30 minutes each
17.00-17.15		Coffee Break
17.15-17.45	Meeting room	Review of Coaching practice & Assignments / End of Day
Day 7		
09.00-09.30	Meeting room	Introduction
09.30-09.45		Coffee Break
09.45-12.45	Arena	Coaching practice - 6 Coaches @ 30 minutes each
12.45-13.30		Lunch
13.30-16.30	Arena	Coaching practice - 6 Coaches @ 30 minutes each
16.30-17.30	Meeting room	Review of Coaching practice & Course review / Coffee Break
17.30-18.00		Conclusion of the course + feedback / END OF THE COURSE