

Courses for Coaches According to the FEI Coach Education Programme Level 1 Course for Coaches

Saint Petersburg (RUS): 01-04 June
FEI Tutor: Laura Spadinger (FIN)

The Russian Equestrian Federation together with Regional Equestrian Federation of Saint Petersburg hosted Level 1 Course for Vaulting coaches on 01-04 June 2019 at the equestrian club "Venta-Arena" in Saint Petersburg.



The course was held in our country for the first time. This is why organizers focused on engaging specialists from different regions of Russia. All the necessary conditions were created for productive and effective work by the FEI Tutor Laura Spadinger, coaches, riders and horses. Topics covered were Vaulting theory, training process, skill development of the vaulter and the horse, physical fitness of the vaulter/lunger and the horse.



The Course participants welcomed the opportunity to learn from and exchange views with FEI Tutor, as she provided practical and real skills and knowledge.

The RUS NF have no doubt that FEI Courses for Coaches will give a powerful impulse for the development of the discipline.