Let's Use OCHA!

We All Need to Use OCHA

As part of the countermeasure procedures for COVID-19, all Tokyo 2020 Olympic and Paralympic Games participants are required to download OCHA (Online Check-in and Health report App) onto their smartphone. OCHA is provided by the Japanese Government and used to input the necessary information to enter Japan and then record their daily health condition after arrival.

OCHA has 2 purposes:

1. To support Quarantine, Immigration and Customs processes (QR codes have replaced the existing paper forms)
2. Health Reporting (daily health reporting)

Getting Started

Please contact your CLO at least **7 days before** your departure if you have any problems, such as:

- you do not have a smartphone
- you are unable to download OCHA
- OCHA does not work on your phone

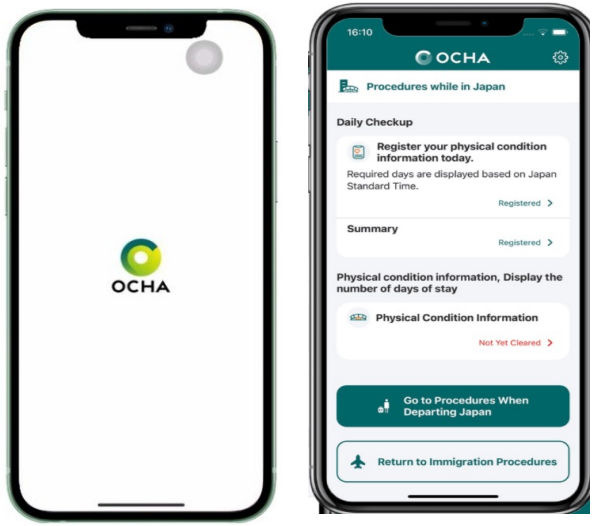
Your CLO needs to report those who cannot use OCHA or who need a rental smartphone at the airport in Tokyo, **no later than 5 days prior** to departure. To do this they complete the Written Pledge and Smart Phone User Application form and send this to your T2020 CLO Contact.

Quick Download

Before your departure, please install OCHA on your smartphone (recommended to install **7 days before** your departure).

1. Firstly, you will need to set your password to log-in to OCHA on Tokyo 2020 ICON website (https://infection-control.tokyo2020.org/icon/UserApplication). You can then log in to OCHA using this password.

2. After OCHA is activated, input the requested information. Once all the information has been added, you will be able to show a QR code. You will need to present the QR code to a person at the airline check-in counter upon departure. When you arrive to Japan, you must show the Quarantine QR code to the quarantine officer and then proceed to the priority lane for Games participants.



Let's Download the OCHA App

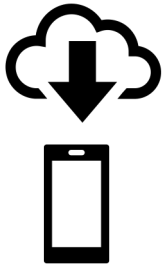
https://www.ocha.go.jp/

A QR code is a type of barcode that can be read by your smartphone camera.

with iOS 13.5 and Android 6.0 version more

How to use the OCHA App (User Steps)

1 Setup



Initial Download

- Go to ICON website and log-in to use OIAC/PIAC number and passport number (identification number) etc
- Set password for log-in to OCHA
- Download OCHA on your smartphone
- Agree with Term and Conditions
- Log in using your OIAC/PIAC number and password
  (An internet connection is required)

2 Before You Travel

Input information / upload 72h test certificate

- Authenticate OIAC/PIAC and your name
- Select activities plan (Entry procedure into Japan or registering daily health checks)
- Choose a date for your “Schedule of activities”
- Agree with agreement form
- Upload negative COVID-19 test results certificate from the test taken with 72 hours of departure (PDF Only)
- Register necessary information
  a. Basic information
  b. Quarantine questionnaire
  c. Embarkation Disembarkation card
  d. Custom declaration

You must monitor your health situation for 14 days before departure, but you do not need to enter data into OCHA every day.
Present OCHA Quarantine QR code and your COVID-19 test certificate to the airline staff when you check in at your departure.

3 Entering Japan

Show your 3 QR codes for Q, I and C

- Activate OCHA and connect to internet
- Present Negative COVID-19 test result certificate from 72 hour test (via OCHA) and Quarantine QR code to quarantine officer
- Proceed to do saliva antigen COVID-19 test and wait for result (if receive positive test follow instructions of Japanese authorities)
- Complete quarantine confirmation, then receive Immigration QR code
- Present Immigration QR code to immigration officer
- Present Customs QR code to customs officer

The 3 QR codes have replaced existing paper forms that you would normally submit at each checkpoint.

4 At The Games

Daily health condition

- Record your daily health condition (If you have any health problem, please report directly to your CLO)
- Show achievement conditions with length of stay after entry to Japan

Further information on how you conduct your health reporting in OCHA will be provided in due course

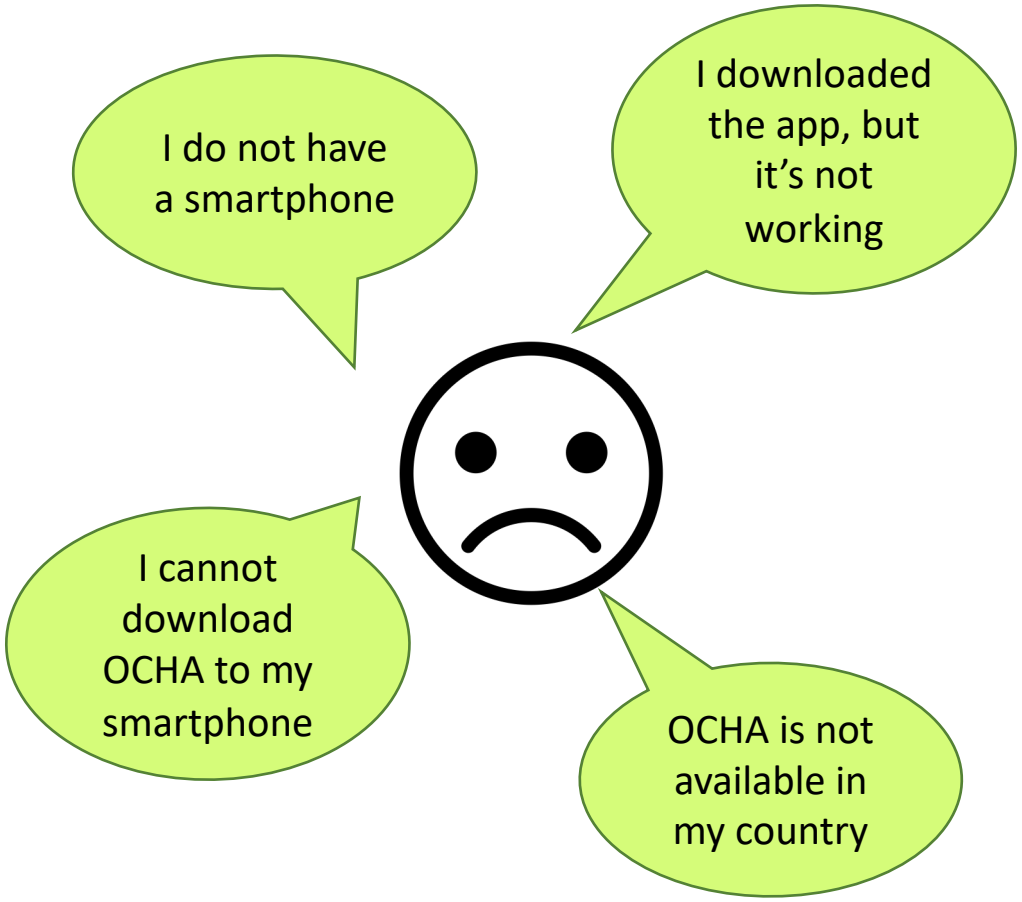
5 Leaving Japan

Upload 72h test certificate

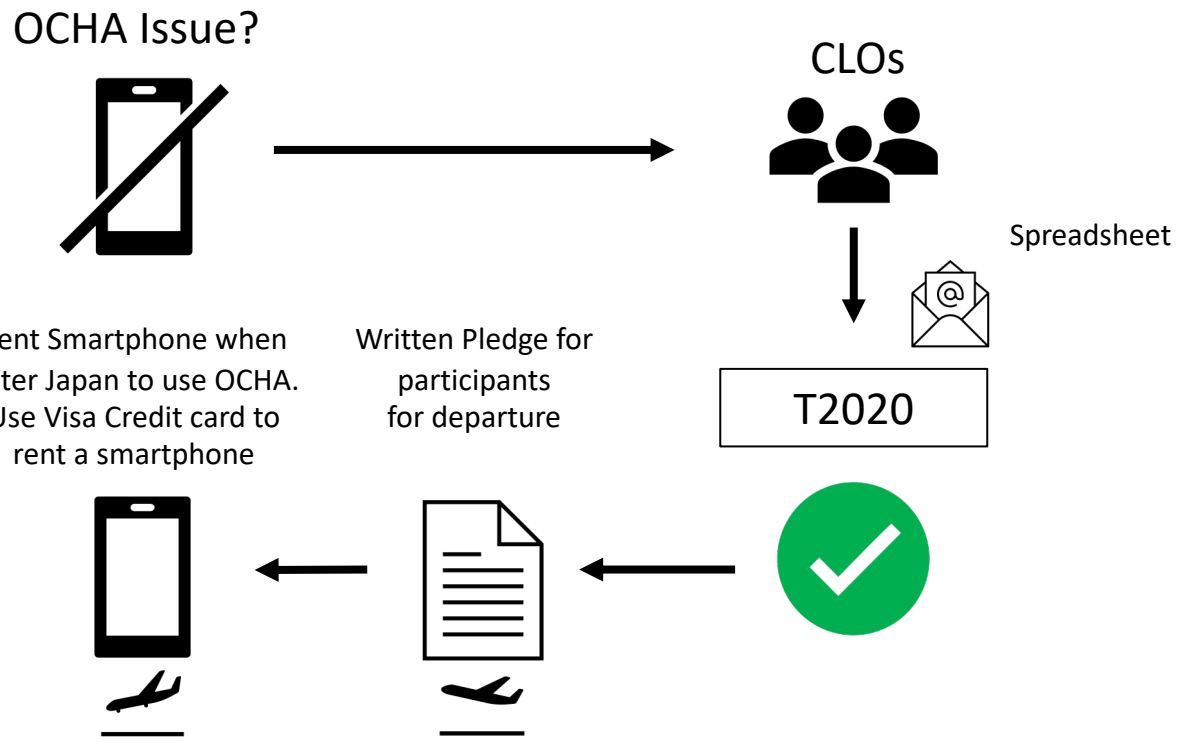
- Reserve and download inspection / test certificate if necessary (TBD)

OCHA Issues?

Have any challenges getting started on OCHA?



Then these steps will be followed:

1. If any Tokyo 2020 Olympic and Paralympic Games participants encounter such issues then please contact your CLO

2. CLO reports issue(s) to ICON Administrator FA (SH Owner FA) via email, using the specified Excel Template form (at least 5 days prior to subject's departure)