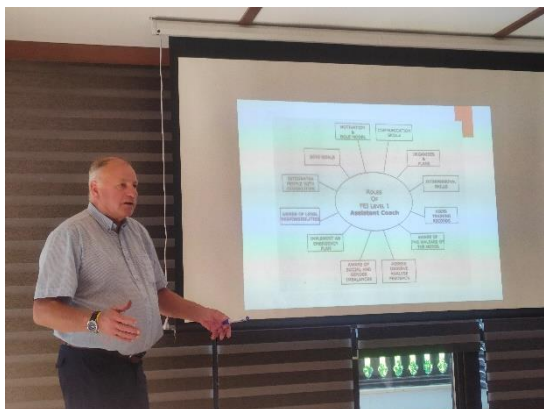


## Courses for Coaches According to the FEI Coach Education Programme Level 1 Course for National Coaches

**Location (BUL):** Zhitnitsa, Bulgaria -02 – 06.10.2022

FEI Tutor: Peter Strijbosch



Bulgarian equestrian federation with the support of FEI Solidarity was a host of Level 1 course for National Coaches. The course was organized on 02 – 06 October 2022 with FEI Tutor Peter Strijbosch (NED).

Mr. Strijbosch is very dedicated and always assure that the organisation of the demonstrations and lessons were well prepared. A consequent number of horses and demo riders participated daily in the practical sessions. Mr. Strijbosch and the OC were very pleased with these great riders and horses. The OC would specially like to thank Vanya Lazarova and her students which were very responsive, and always on time for the lessons as demo riders.

It was a very successful course for all participants.

Mr. Strijbosch was so cooperative and helpful all the time. It was very interesting for everybody to work with him. He knows a lot for coaching, for horses and for the breeding of the horses. He was very precise in every lesson strictly following the time table. It was so easy to work with him! Great tutor!

As an organizer of this course, Velyana Zhelyazova of the Bulgarian Equestrian Federation knows the importance of a good Tutor as part of making the course successful.

Horse riding center "Trakiets" is a great venue for competitions and also for organising this type of events. One indoor, two outdoor arenas, great facilities for accommodation. Bulgarian Equestrian Federation is so grateful for the support of the owners of HRC "Trakiec".

The organisation was easy with the support of the riding center and all the demo riders and coaches.

BEF is also grateful to people who participate in the courses as a demo rider, it was so important to have them to have a successful course.

This course is so important to develop the level of coaches. Bulgaria already organised this year a Level 2 and Introduction course. The courses are incredible tool to check the level, to develop and learn new things, to know the right way of coaching. It is also developing the level of the riders, and this inevitably leads to the development of the entire sport.

In this course all the participant understand and see the importance of flat work, working on the exercises for jumping, to have a session planner for every lesson and personal evaluation. They can analyse their mistakes, learn from them and try once again. The practice sessions of the course are crucial and for sure more practical lessons are more helpful. From day to day, you can see how much participants (coaches) are changing in their lessons and notice real improvement. The Tutor's directions were exactly in the point, clear and helpful.

The outcome of the participants for the course and the tutor Mr. Strijbosch is positive! Bulgarian Equestrian Federation would like to thank once again for the opportunity to host such a helpful course thanks to FEI Solidarity and Bulgarian Olympic Committee, and last but not least the dedication of Mr. Strijbosch!



**11.10.2022**

**Velyana Zhelyazova**