## FEI SOLIDARITY

COURSE FOR REGIONAL COACHES

Level 1 Olympic Disciplines

According to the FEI Coach Education Programme

Arbanasi (BUL), 28/10-01/11/2019

FEI Tutor :	Peter STRIJBOSCH (NED)
Language :	English
Venue:	Arbanassi
Participation :	Regional course open to coaches from any of the 3 Olympic disciplines
	(i.e Jumping, Dressage & Eventing)
	max. 14 participants + max. 10 observers
	The aim of the course is to teach coaches "How to Coach" using adult learning techniques.
	Participants must be appointed by their NF
Level:	Level 1 (5 days)
Requirements	According to Syllabus Level 1 ( <u>www.fei.org</u> > FEI Solidarity > Coach Education > What is Coaching)
Applications must be sent to :	bef@horsesportbg.org Velyana Zhelyazova
(+ a copy to the FEI Development	Andreina.wipraechtiger@fei.org
Department)	+4121 310 47 47
Course Entry Fee ( max 150\$)	60 €
Deadline for applications	06/10/2019
At least 3 weeks before the beginning of the course	
Course Material	Programme & Time Table
	Level 1 Workbooks will be made available for each candidate the first day of the course

Participants will be responsible for their:

- Travel Expenses
- Accommodation

Meals and coffee breaks for all participants will be provided by the organizing NF The above information serves as an official invitation.

## Level 1 Coach Syllabus

Aim:	To provide assistant coaches with the ability to prepare riders for competitions. Emphasizing skill, develop participation and enjoyment
Duration of the course:	• 5 days
Material:	Workbook
Entry Requirements for Participants:	<ul> <li>18 years old and over</li> <li>Have a knowledge of horses and horsemanship (responsibility of the NF)</li> <li>Have completed an FEI Introduction to Coaching course or be recommended by the their NF</li> <li>Have a First Aid Safety certificate (recommendation)</li> </ul>
Attendance:	14 participants + observers
Participants:	Must be registered with their NF
Level:	<ul> <li>Jumping: 1.00 - 1.15 m</li> <li>Dressage: Preliminary/Elementary</li> <li>Eventing: Novice up to 1*</li> </ul>
Insurance:	Participants must be registered with their NF coach insurance scheme or privately
Assessment:	<ul><li>Practical coaching sessions</li><li>Open Book Assessment</li><li>Logbook Assessment</li></ul>
Certification:	Certificate of Attendance and Completion awarded to those who attended the full course
Evaluation of the Course:	<ul><li>By Tutor</li><li>By Coaches</li></ul>
Evaluation of the Course:	To be sent to the FEI by the Tutor.