



**FEI™**  
**GENERAL ASSEMBLY**  
ABU DHABI (UAE) 10-13 NOVEMBER 2024

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**Medical Committee Report**  
Dr Mark Hart, Chair



## **Current projects: update & focus for 2025**

- **Medical coverage at Events**
- **Mental Health**
- **Personal Protective Equipment**
- **Concussion & Head Injuries**
- **Injury Reporting**
- **Human Anti-Doping**
- **NF Medical Advisor program**

## MEDICAL COVERAGE AT EVENTS

**“Optimise event medical coverage quality through well-defined requirements, and provide stakeholders guidance & education”**

### Completed in 2024

- ✓ The [“General medical coverage requirements for FEI events”](#) came into effect on 1 January 2024.
- ✓ The document’s main requirements are reflected in the Key Event Requirements (KER) framework.



### Focus for 2025

The following resources will be developed:

- A FAQ for the general medical coverage requirements
- Event reporting guidance for Officials
- Comprehensive medical coverage handbook for OCs

# MEDICAL COVERAGE AT EVENTS

## Paris 2024

- ✓ Medical Committee members assisted the Paris 2024 OC in planning equestrian specific medical coverage needs in Versailles.
- ✓ A video training on equestrian specific Field of Play athlete extraction was produced (joint FEI/ASOIF/IOC project).

## MENTAL HEALTH

**“Mental health is an essential part of an athlete’s health and safety”**

### **Completed in 2024**

- ✓ The “General medical coverage requirements for FEI events” effective 1 January 2024 clarify that the OC’s medical coverage plan must include:
  - The contact details of the designated lead healthcare professional.
  - Procedure in the event of a serious physical or mental incident or illness.



### **Focus for 2025**

Guidance will be included in the medical coverage handbook for OCs.

## PERSONAL SAFETY EQUIPMENT

**“Lead the development and use of safer head & body protectors”**

### Completed in 2024: Protective Headgear

- ✓ FEI Helmet Working group conclusions (issued 7 December 2023): review of feedback received.
- ✓ FEI list of applicable testing standards updated on 7 November to include newly adopted EU harmonised standard.



### Focus for 2025

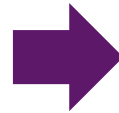
- FEI Helmet Working group conclusions: further interaction will be sought with the manufacturers community.
- Full revision of the FEI list of applicable testing standards before implementation of more rigorous testing standards as per FEI Helmet Group recommendations.

## PERSONAL SAFETY EQUIPMENT

**“Lead the development and use of safer head & body protectors”**

### **Completed in 2024: Protective Vests**

- ✓ Objective: address the issue that standards for air vests and body protectors are insufficient and research data on effectiveness is lacking.
- ✓ The Medical Committee is finalising a recommendation for the FEI.



### **Focus for 2025**

If the recommendation is approved, engagement of a working group to propose research projects to assess injury reduction effectiveness.

## CONCUSSION & HEAD INJURIES

**“Help minimise the impact of concussions through a well disseminated policy”**

### **Completed in 2024**

- ✓ Review of the current FEI policy.



### **Focus for 2025**

- Publication and dissemination of the new concussion policy to the relevant stakeholders.
- Ongoing work for the 7th International Conference on Concussion in Sport (FEI is co-chair of the organising committee).



## INJURY REPORTING

**“Obtain enhanced injury data in order to inform future safety policies”**

### **Completed in 2024**

- ✓ Update of the injury reporting forms.
- ✓ A possible collaboration with an external company was explored.



### **Focus for 2025**

- Implementation of the new injury reporting form.
- Implementation of a more systematic follow up and data analysis system.

## HUMAN ANTI-DOPING

**“Ensure WADA compliance and help prevent unintentional doping violations”**

### Ongoing

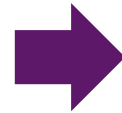
- The International Testing Agency (ITA) manages the human anti-doping program.
- The Medical Committee remains the TUEC (Therapeutic Use Exemption Committee).
- Anti-Doping education: the program increasingly focuses on collaboration with and support to NFs.
- Additional information is available on the FEI’s website:  
<https://inside.fei.org/fei/cleansport/humans>

# NATIONAL FEDERATION MEDICAL ADVISOR (NFMA) PROGRAMME

**“Optimise FEI-NF collaboration on human athlete health & safety matters”**

## Completed in 2024

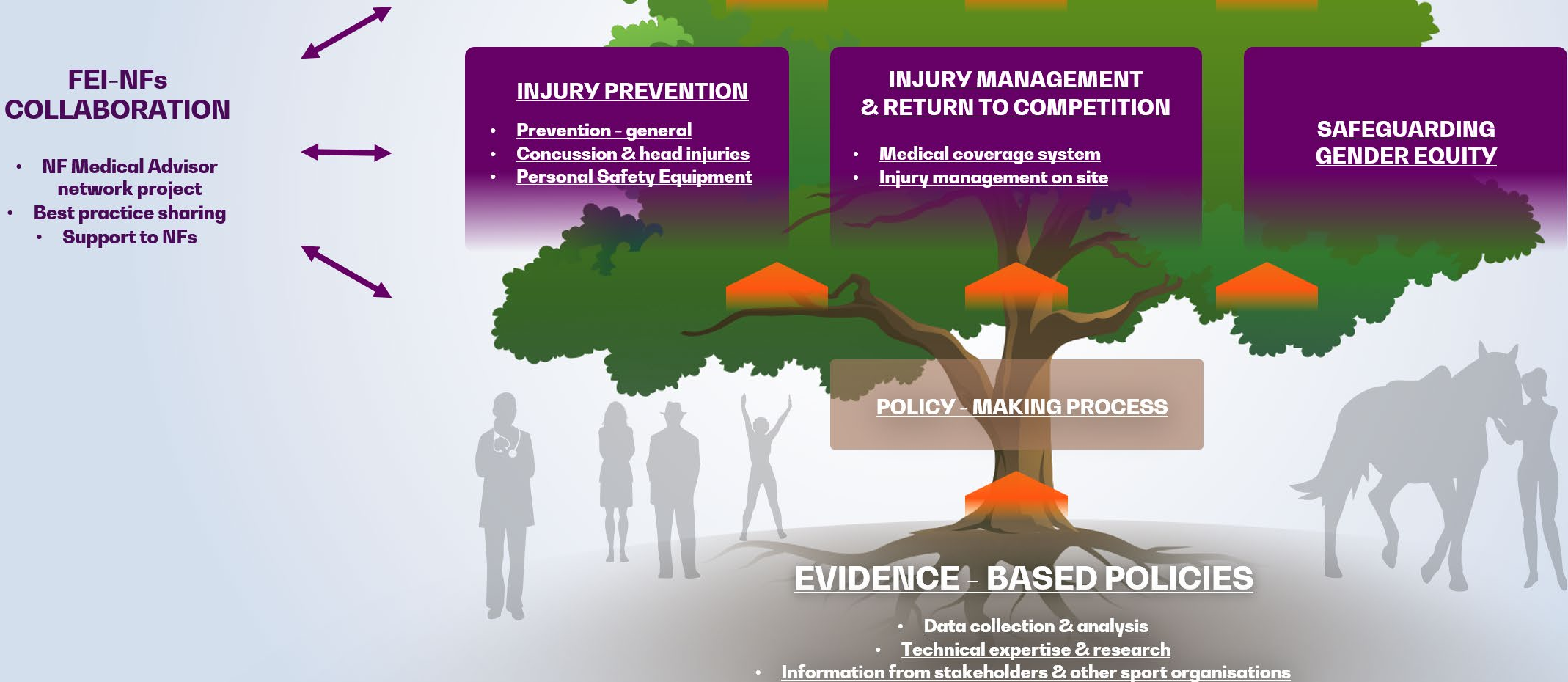
- ✓ Further definition was given to the project (project launch moved to 2025).
- ✓ A [survey](#) was sent to NFs on 1 November (goal: start mapping NFs needs and gather the information necessary to set up a network of NFMAs).



## Focus for 2025

- Survey responses analysis.
- Set up of the NFMA network.
- Educational material development.

# FEI Athlete Health & Safety





thanks its partners

