

FEI™ GENERAL ASSEMBLY

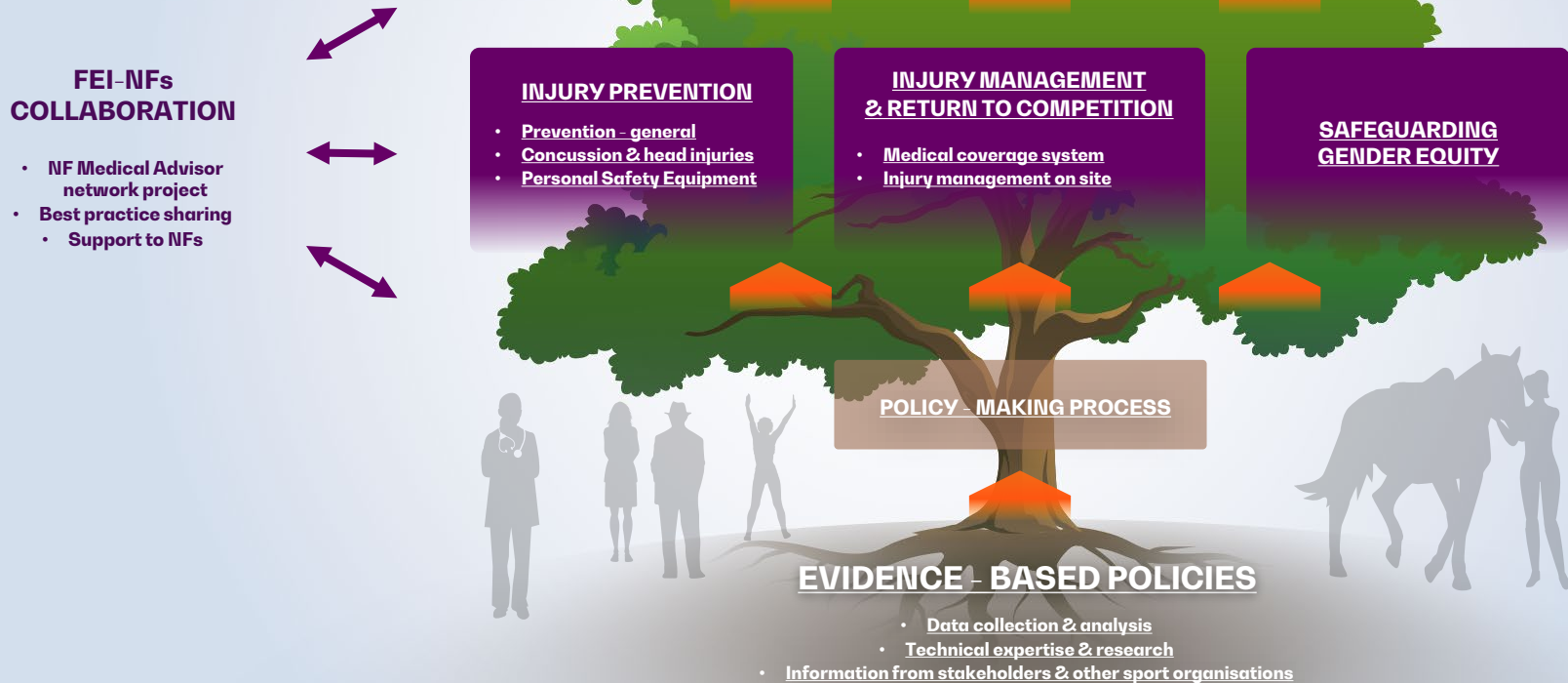
Medical Committee Report

FEI Ordinary General Assembly, Mexico City (MEX), 21 November 2023

Overview

1. Update since 2022 GA
2. Medical Committee focus for 2024

FEI Athlete Health & Safety



Update since 2022 GA

- FEI Event Medical coverage
- NF Medical Advisor project
- Personal Safety Equipment (helmets and air vests)
- Human anti-doping

FEI Event Medical coverage

- Full revision of the “Guidelines for the medical coverage of events in compliance with article 109.10, GRs”
 - Aim: outline requirements in more detail to help Organising Committees plan their event’s medical response.
 - The revised document is published on the FEI website and will come into effect on 1 January 2024.
- Reminder: Eventing Annex D mandatory since 1 January 2023.

NF Medical Advisor project

- National Federation Medical Advisor project to be developed in collaboration with the FEI Solidarity department to support and enhance athlete safety and health
- Assist NFs on related matters such as athlete injury reporting, concussion management and education, human anti-doping compliance and education and local FEI event medical coverage needs
- Focus on smaller NFs with limited support staff
- Current phase: development of program framework and educational curriculum for NF Medical Advisors.

Personal Safety Equipment

Equestrian Helmets

- The list of accepted testing standards groups for helmets has been updated, effective 1 January 2024
- The helmet working group evaluated the performance needs of protective headwear and assessed the existing standards against those needs to better determine if existing testing standards could be improved to provide better protection of riders from serious head injuries
- Recommended additional testing measures and reduced energy transmission limits for improved athlete safety

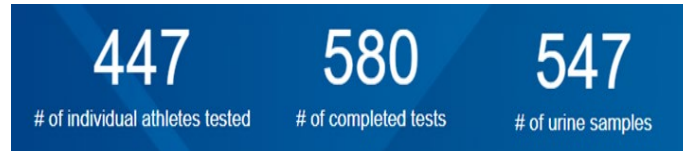
Personal Safety Equipment

Equestrian Air Vests

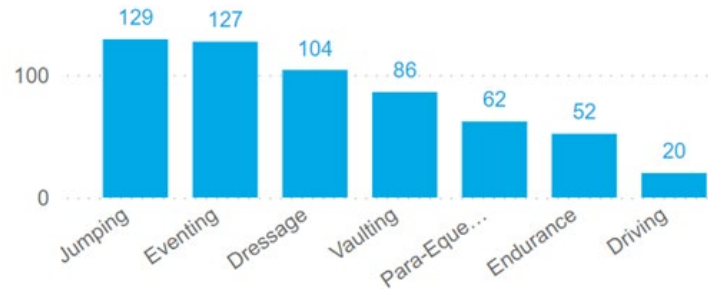
- Despite increased use of air vests in several equestrian disciplines, there is very limited data on their effectiveness in reducing serious rider injuries
- Create a collaborative working group on air vests safety and effectiveness
- Complete literature review of all available data including other sports
- Develop research projects including computer simulations/modelling and physical testing protocols under realistic rider fall loading conditions
- Translate these findings into new testing standards recommendations for improved rider safety

Human Anti-Doping

1 January - 23 October 2023 *(full report available on FEI website early 2024)*



Testing figures per discipline



Focus for 2024

- FEI Event Medical coverage: detailed guidance for OCs
- NF Medical Advisor project development
- Air vests project
- Dialogue with helmet industry following working group recommendations
- Enhanced athlete injury surveillance program feasibility assessment
- Human anti-doping education: support to NFs

FEI GENERAL ASSEMBLY

THANK YOU

medical@fei.org / <https://inside.fei.org/fei/your-role/medical-safety>