

## **Courses for National Coaches According to the FEI Coach Education Programme Level 2 Course for National Coaches**

**Location (BUL):** Tsaratsovo, Bulgaria -22 – 27.07.2024  
FEI Tutor: DIMITRIS DRAKAKIS

### **Introduction**

The Bulgarian Equestrian Federation (BEF), with the invaluable support of the FEI Solidarity committee and Bulgarian Olympic committee, successfully organized and hosted a Level 2 course for coaches at the esteemed Horse Riding Center (HRC) Frigopan. This course, taking place from July 22 to 27, 2024, served as a pivotal step in elevating coaching standards within the Bulgarian equestrian community. Led by the highly experienced and accomplished tutor Dimitris Drakakis, the course aimed to equip participants with advanced coaching techniques and knowledge. Mr. Drakakis's exceptional teaching approach, characterized by clarity, dedication, and meticulous organization, earned him high praise from all participants. His ability to simplify complex topics through engaging demonstrations and explanations fostered a conducive learning environment.

HRC Frigopan proved to be an ideal venue for the course, boasting two indoor and three outdoor arenas, along with comfortable accommodation facilities. The BEF extends its heartfelt gratitude to the owners of HRC Frigopan and HRC Paldin for their generous support in providing such a well-equipped and welcoming setting.

### **Demo Riders**

The success of the course was further enhanced by the dedicated participation of the following demo riders: Milko Kochev, Nikol Dobreva, Dariya Grotzeva, Andzhelina Diumpe, Monika Angelcheva, Daniel Pakov, Lidiya Vasileva, Anastas Tanev Jr., Ivan Dobrev, and Emil Vitekov. Their contributions were invaluable in demonstrating various coaching techniques and exercises.

### **Course Content and Impact**

Building upon the foundation laid by previous Level 1 courses, the Level 2 course focused on refining coaching expertise in key areas. Participants engaged in intensive flat work, jumping exercises, session planning, and personal evaluation. The course encouraged self-assessment and critical analysis of mistakes, leading to noticeable improvement throughout the week. Tutor Drakakis's precise and constructive guidance played a pivotal role in fostering this positive learning experience.

### **Feedback and Acknowledgements**

The feedback received from participants and Mr. Drakakis regarding the course was overwhelmingly positive, underscoring its success in achieving its objectives. The BEF expresses sincere gratitude to FEI Solidarity for the opportunity to host the course and acknowledges Mr. Drakakis's exceptional dedication, expertise, and professionalism.

The Level 2 course for coaches at HRC Frigopan served as a significant milestone in the development of coaching expertise in Bulgaria. Through expert instruction, practical exercises, and a focus on self-improvement, the course empowered participants to elevate their coaching skills and contribute to the growth of equestrian sport in our country.





**29.07.2024**  
**Velyana Zhelyazova**