

Courses for National Coaches According to the FEI Coach Education Programme Level 1 Course for Coaches

Location: Centro Ecuestre Palamarejo, Santo Domingo (DOM)

Date: 16-20 December 2019

FEI Tutor: Dr. César Tavard (DOM)

The Dominican Republic Equestrian Federation hosted the FEI Coaches Level 1 in Santo Domingo from the 16th to 20th of December 2019. The course tutor was Dr. César Tavard Level 3 Coach. We had a total of 13 participants and 1 observer, composed by riders and trainers, of jumping and dressage background that already completed the Introductory Course in September 2019.

Once again, all the participants were very committed and participated very actively in the course; they continue to enrich their knowledge and skills needed to be a successful coach in the future. The level of the course was more demanding as the dressage included exercises of medium and advanced level, the jumping height up to 1.10 mt. Once again, the topics showed the coaches how important physical and mental fitness are to compete successfully in the sport.

The course was accepted very well by all the participants, even though we have a few days of rain, the weather did not stop the training. We have different and experienced guinea pig riders that made the training much easier, as well as more advanced level of horses provided some by the participants and some by supporting horse owners from Palmarejo Equestrian Center.

The NF organization was always on time and according to the schedule, Thanks to Mrs. Carmen Estrella NF Secretary and organizer, the meals were ordered through special catering service, as in the previous course the participants indicated they prefer options of more traditional meals.

For 2020, the Dominican Republic will be looking at organizing more courses at National level, as we have many participants that could not attend this year.

Once again, we will be taking advantage of Dr. Tavard to prepare for next year a balanced training calendar.

