

Courses for National Coaches According to the FEI Coach Education Programme Level 1 Course for Coaches

Location (CRO): Zagreb, 13.-17.02.2019
FEI Tutor: Mr. Stavros Georgopoulos (GRE)

The Croatian Equestrian Federation hosted the Level 1 Course for coaches in Zagreb from the 13th to 17th of February. The course tutor was Mr. Stavros Georgopoulos who was very committed to transferring the knowledge and skills needed to be a successful coach to all the candidates. The topics showed the coaches how important physical and mental fitness are to compete successfully in the sport. They also improved their technical knowledge in flatwork and show jumping, covering all aspects from the riders' aids to distances between fences and setting up gymnastic grids.

The course was accepted extremely well by all the participants – the candidates and the guinea pig riders. Thanks to Mr. Georgopoulos, a plethora of subjects were successfully covered – the timetable was spot on, all the chapters were demonstrated and explained and the interactive nature of the course helped the participants to better understand the role of the coach.

The course itself was quite intense and very involving with lots of diagrams, demonstrations and hands on experience for all the coaches. The course itself helped to build teamwork between coaches. We would like to thank Mr. Georgopoulos and the FEI for this learning opportunity and it will be a pleasure to organize such courses in the near future.

