AUT NF

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Summary

- National Statistics
- National Risk Safety Management
Summary 2020:

- only 1/3 of the number of competitions, but half of the starters of the previous years
- rider falls increased from 3.46% to 3.77% - only one horse fall
- specific since 2018 - huge number of rider-falls without a relation to a fence
  - 2018 - 20% of all falls
  - 2019 25% !!!
  - 2020 still 21%

- INITIATIVE - RIDER-FITNESS - seminar for the riders to improve:
  
  Find ways to a better body awareness, which has a direct effect on suppleness and security.
  - Theoretical background (biomechanics and kinetics) and exercises (without horse) for a balanced seat
  - Practice on the horse biomechanics and riding lessons in movement on the horse
  - Implementation and deepening of knowledge and improvement of the balance and the sense of movement

  first time 30 participants - further dates will follow

- with all eventing judges and coaches March 2021 - we need to improve !!!
- we try to solve the problem of education - but it takes time