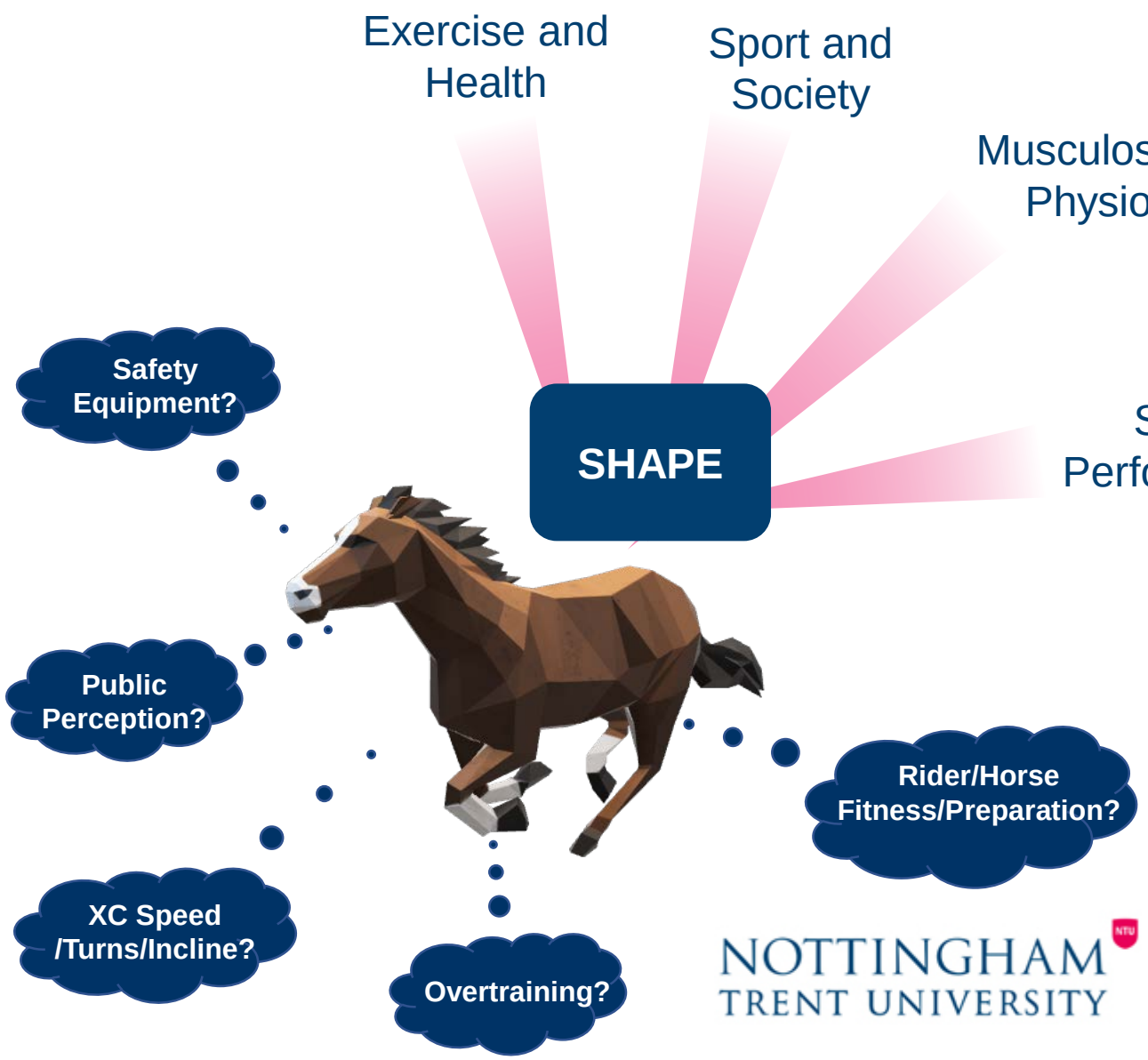
Sport, Health and Performance Enhancement (SHAPE) Research Centre



NOTTINGHAM TRENT UNIVERSITY

NTU Capabilities

- Hormone analysis
- Heart Rate/Heart Rate Variability
- VO_2 max
- DEXA (muscle mass/body fat)
- Psychology
- Medical Technologies
- Engineering (material, medical, sports)

The Queen's Anniversary Prizes For Higher and Further Education 2015

TEF Gold Teaching Excellence Framework

University of the Year 2019 The Guardian University Awards 2019

Modern University of the Year 2018 THE TIMES THE SUNDAY TIMES

University of the Year 2017 THE AWARDS 2017