

# Equestrian Sport Educative Events (ESEEs)



**FEI Para-Equestrian Forum, UK, 13-14 May 2017**

**Alison King FEI 4\*DJ & 5\*PEDJ**

# what are ESEEs?

- programmes designed for nations developing equestrian sport
- applicable to all disciplines
- are they useful to help development of PE sport?

# why were they created?

- because.....
  - lack of structured training
  - none or very few accredited officials
  - limited coaching expertise

# background

- the ESEE is a tool to educate National Officials - Judges (in the case of dressage) - according to the discipline
- aimed towards providing resources that would allow holding of CDI 1\*
- does **not** provide FEI certification
- the NF is responsible for establishing its own national certification pathway

# format

- a 4-day workshop delivered by 2 Technical Experts
- theoretical and practical sessions for Judges involving Coaches and their pupils
- ideally 1-2 times a year depending on individual NF competition schedules
- national Stewards should be included when possible

# ESEE - dressage

- pilot project - dressage educative event (DEE)
- was conducted annually in 2014, 2015 and 2016
- SE Asia - Thailand, Malaysia, Singapore and Indonesia
- Tutor Judge - Alison King (HKG) (FEI 4\* Dressage Judge)
- Tutor Coach - Larasati Gading (INA) (FEI Coach Level 3)
- regionally based experts as have local knowledge of situations

# participants

- open to maximum of 8 Judges
- 8 Coaches with up to 24 demo rider/horse combinations
- Organisers and Stewards

# participants

- in developing countries often none/very few accredited officials
- so opened to anyone with an interest in becoming a Judge
- where there are national Judges, serves as refresher
- each NF is responsible for selection of Judges and Coaches to participate in ESEE
- also to invite Organisers and Stewards because of the practice competition on Day 4 of the programme



# programme

- 4 full days of activities:
  - 3 days of theoretical and practical education for Judges including Coaches (using rider/horse combinations) and Organisers and Stewards
  - 1 day of simulated competition
- annually for 3 years

# why this format?

- the programme provides the Judges along with Coaches and their pupils with the opportunity to share knowledge, common goals and coherence in training
- dialogue is encouraged between the Judges and Coaches
- role of the Coach is to transform the demands and expectations of the judges into performance through the demo rider/horse combinations

# why this format?

- the competition on Day 4 is the assessment of the Judges' ability to judge in a competition situation and allows Coaches to demonstrate their increased skills in preparing their riders
- a discussion between Judge, rider and Coach occurs
- the role of the Organiser is to prepare the competition arena while Stewards assist in the competition

# why this format?

- judging programme is tailored to suit the knowledge of the participants - this can be extremely varied
- use of video and slide presentations
- was difficult in beginning as the FEI provided no material - we had to create our own

# technical experts

- ESEE is delivered by a team of 2 Technical Experts appointed by the FEI Solidarity Department:
  - 1 Expert Judge (Tutor Judge) - FEI 4\* Dressage Judge
  - 1 Expert Coach (Tutor Coach) - FEI Level 3 or equivalent

# technical level

- up to Prix St Georges
- all based upon the World Dressage Challenge (WDCh) tests - elementary to PSG
- possibility of including a WDCh competition on the final day

# facilities

- 2 seminar rooms with projectors and flip charts - one each for the Judges and Coaches
- training arena
- videographer to record all practical coaching and competition on days 1-4
- competition arena and warm up for competition day
- translators if required

**EQUESTRIAN SPORT EDUCATIVE EVENT - DRESSAGE**
**DAY 1**

Time	Location	National Judges under the Expert's guidance	Material	Location	National Coaches under the Expert's guidance (Demo Riders to observe, perform)	Material
<b>08.00</b>	<b>Welcome Coffee and Introduction (power point)</b>					
08.30	Meeting room 1	<b>Theoretical session: Role of the Dressage Judge</b>	FEI Dressage Rules	Meeting room 2	<b>Theoretical session: (Expert explains) Role of the Dressage Coach</b>	FEI Coaching Workbook/ ppt Role of the Coach
10.00	Meeting room 1	<b>Theoretical session: A. The Training Scale B. The Paces</b> - Definition, quality, regularity, Rhythm <b>C. The collective marks</b> <u>Impulsion:</u> <u>Submission:</u> <u>Athlete's position &amp; seat:</u> <b>D. How to judge the collective marks</b> <b>E. Movements &amp; Transitions</b>	FEI Dressage Handbook - Guidelines for Judging	Meeting room 2	<b>Theoretical session: (Expert explains) How to improve the Athlete's performance?</b> A. The Correct Seat and The Half Halt B. The Training Scale C. The Paces (walk/trot/canter) D. Transitions from pace to pace and within the paces E. The Halt and Rein-back  <b>Training exercises to improve the performance:</b> - Working paces - Collected paces - Medium paces - Extended paces (only Advanced and PSG).	FEI Dressage Handbook - Guidelines for Judging and FEI Level 3/ Coaching Dressage Workbook (technical part)
<b>13.00</b>	<b>LUNCH</b>					
<b>ALL TOGETHER ( Judges, Coaches, Demo Riders)</b>						
14.00	Meeting room 1	<b>Theoretical combined session: FEI WCHA-D Tests Movements</b> - Case Studies	FEI WCHA-D Tests	Meeting room 1	<b>Theoretical combined session: FEI WCHA-D Tests Movements</b> - Case Studies	
15.00	Dressage arena	<b>Practical combined session: Practical Judging</b> <b>A. The Seat and the Paces</b> (walk/trot/canter) <b>B. Transitions</b> from pace to pace and within the paces Training exercises: - Working paces - Collected paces, medium paces - Extended paces (only advanced and PSG) - Halt and rein-back	Demo Rider/Horse combinations: e.g. 2 per exercise (4 x 2 = 8)	Dressage arena	<b>Practical combined session: (Coaches to coach) Practical Judging</b> <b>A. The Seat and the Paces</b> (walk/trot/canter) <b>B. Transitions</b> from pace to pace and within the paces Training exercises: - Working paces - Collected paces, medium paces - Extended paces (only advanced and PSG) - Halt and rein-back	1 person to record the Demo Rider/Horse combinations on the different exercises (video)
17.30	All together	<b>Debriefing</b> including Judges, Coaches and Demo Riders moderated by the Experts using the video recorded during the practical coaching as support				
<b>18.30</b>	<b>END</b>					



**EQUESTRIAN SPORT EDUCATIVE EVENT - DRESSAGE**
**DAY 2**

Time	Location	National Judges under the Expert's guidance	Material	Location	National Coaches under the Expert's guidance (Demo Riders to observe, perform)	Material
08.30	Meeting room 1	<b>Theoretical session:</b> <b>Theory and Video Judging</b> <b>The Lateral Movements</b> <ul style="list-style-type: none"> <li>- Leg yielding</li> <li>- Shoulder in</li> <li>- Travers / Renvers</li> <li>- Half pass</li> <li>- Pirouettes</li> </ul>	Videos competitions  FEI Dressage Handbook - Guidelines for Judging	Meeting room 2	<b>Theoretical session: (Expert explains)</b> <b>Explanation of Lateral Movements</b> <ul style="list-style-type: none"> <li>- Leg yielding</li> <li>- Shoulder in</li> <li>- Travers / Renvers</li> <li>- Half pass</li> <li>- Pirouettes</li> </ul>	FEI Dressage Handbook Guidelines for Judging / FEI Level 3 Coaching Dressage Workbook + Video
				Dressage arena	<b>Practical session: (Expert demonstrates)</b> <b>How to coach the lateral Movements</b> <ul style="list-style-type: none"> <li>- Leg yielding</li> <li>- Shoulder in</li> <li>- Travers / Renvers</li> <li>- Half pass</li> <li>- Pirouettes</li> </ul>	
12.30	<b>LUNCH</b>					
<b>ALL TOGETHER ( Judges, Coaches, Demo Riders)</b>						
13.30	Dressage arena	<b>Practical combined session:</b> <b>Practical Judging</b> <b>The Lateral Movements</b> <ul style="list-style-type: none"> <li>- Evaluation during practical coaching sessions</li> </ul>	FEI WCHA-D Tests  4 x 2 Rider/Horse combinations	Dressage arena	<b>Practical combined session : (Coaches to coach)</b> <b>Practical Coaching</b>  <b>The Lateral Movements</b> <ul style="list-style-type: none"> <li>- Leg yielding</li> <li>- Shoulder in</li> <li>- Travers / Renvers</li> <li>- Half pass</li> <li>- Pirouettes</li> </ul>	1 person to record the Demo Rider/Horse combinations on the different exercises
17.30	Meeting room all together	<b>Debriefing</b> including Judges, Coaches and Demo Riders moderated by the Experts using the video recorded during the practical coaching as support				
18.30	<b>END</b>					

**EQUESTRIAN SPORT EDUCATIVE EVENT - Dressage**
**DAY 3**

Time	Location	National Judges under the Expert's guidance	Material	Location	National Coaches under the Expert's guidance (Demo Riders to observe, perform)	Material
08.00	Meeting room 1	<b>Theoretical session: Judging Theory with Video</b> <ul style="list-style-type: none"> <li>- Counter canter</li> <li>- Simple change</li> <li>- Flying change</li> </ul> <b>Videos competitions FEI WCHA-D Tests:</b> <ul style="list-style-type: none"> <li>- Elementary (FEI Children team)</li> <li>- Medium (FEI Children Individual)</li> <li>- Advanced (FEI Junior team)</li> <li>- Prix St. Georges</li> </ul>	FEI Dressage Handbook - Guidelines for Judging  Videos competition /Freestyles	Meeting room 2	<b>Theoretical session: (Expert explains) How to prepare for competition? What are the progression parameters (Essentials) for:</b> <ul style="list-style-type: none"> <li>- Counter canter</li> <li>- Simple change</li> <li>- Flying change</li> </ul>	FEI Dressage Handbook - Guidelines for Judging  Videos competition
10.00	Meeting room 1	<b>Theoretical session:  Freestyle</b> Composition and judging	FEI Dressage Handbook - Guidelines for Judging (Freestyle p.230-246)	Dressage arena	<b>Practical session: (Expert demonstrates)</b> <ul style="list-style-type: none"> <li>- Counter canter</li> <li>- Simple change</li> <li>- Flying change</li> </ul>	4 x 2 Demo Rider/Horse combinations
<b>12.30</b>	<b>LUNCH</b>					
<b>ALL TOGETHER ( Judges, Coaches, Demo Riders)</b>						
13.30	Meeting room 1	<b>Theoretical session: Video Judging</b> continued <b>Videos competitions FEI WCHA-D Tests:</b> <ul style="list-style-type: none"> <li>- Elementary (FEI Children team)</li> <li>- Medium (FEI Children Individual)</li> <li>- Advanced (FEI Junior team)</li> <li>- Prix St. Georges</li> </ul>	Videos competition	Meeting room 2	<b>Theoretical session: (Expert explains) How to prepare for competition? What are the progression parameters for:</b> <ul style="list-style-type: none"> <li>- The FEI World Dressage Challenge Tests (Freestyles)</li> </ul>	FEI Coaching Workbook Level 3/ FEI WCHA-D Tests/ FEI Dressage Handbook - Guidelines for Judging (Freestyle p.230-246)
15.00	Dressage arena	<b>Practical combined session: Practical Judging</b> <ul style="list-style-type: none"> <li>- Counter canter</li> <li>- Simple change</li> <li>- Flying change</li> </ul>	Test sheets, 4 x 2 Demo Rider/Horse combinations	Dressage arena	<b>Practical combined session : (Coaches to coach) Practical Coaching</b> <ul style="list-style-type: none"> <li>- Counter canter</li> <li>- Simple change</li> <li>- Flying change</li> </ul>	1 person to record the Demo Rider/Horse combinations on the different exercises
17.00	<b>Debriefing</b> including Judges, Coaches and Riders moderated by the Experts using the video recorded during the practical coaching as support					
18.00	Meeting room all together	<b>Preparation for Competition Day 4 – Allocate the responsibilities to each actor</b> Preparation of arena/ warm-up arena/ horse inspection/ Ground Jury box/ scheduling/ results/ prize-giving etc.				
<b>19.00</b>	<b>END</b>					

**EQUESTRIAN SPORT EDUCATIVE EVENT - DRESSAGE**
**COMPETITION\* - DAY 4**

Time	Location	National Judges under the Expert's guidance	Material	Location	National Coaches under the Expert's guidance (Demo Riders to perform)	Material
07.30	<b>Horse Inspection (practical)</b>					
<b>Each Actor play his/her role!</b>						
				Dressage arena	<b>Warm-up:</b> Coaches prepare Rider/Horse combinations for competition, approx. 15 minutes per combination	Demo Rider/Horse combinations
Time tbc	Dressage arena	<b>Dressage Competition FEI WCHA-D Test</b> <ul style="list-style-type: none"> <li>- <b>Elementary (FEI Children team)</b></li> <li>- <b>Medium (FEI Children Individual)</b></li> <li>- 10 min per combination</li> <li>- 05 min feedback (Judges debrief with Expert)</li> <li>- = 15 min each</li> </ul>	Test sheets	Dressage arena	<b>Dressage Competition FEI WCHA-D Test</b> <ul style="list-style-type: none"> <li>- <b>Elementary (FEI Children team)</b></li> <li>- <b>Medium (FEI Children Individual)</b></li> <li>- 10 min per combination</li> <li>- 05 min feedback (Each Coach debrief with his/her Demo Rider)</li> <li>- = 15 min each</li> </ul>	FEI World Dressage Challenge Tests  Demo Rider/Horse combinations
Time tbc	Dressage arena	<b>Dressage Competition FEI WCHA-D Test</b> <ul style="list-style-type: none"> <li>- <b>Advanced (FEI Junior team)</b></li> <li>- <b>Prix St. Georges</b></li> <li>- 10 min per combination</li> <li>- 05 min feedback (Judges debrief with Expert)</li> <li>- = 15 min each</li> </ul>	Test sheets	Dressage arena	<b>Dressage Competition FEI WCHA-D Test</b> <ul style="list-style-type: none"> <li>- <b>Advanced (FEI Junior team)</b></li> <li>- <b>Prix St. Georges</b></li> <li>- 10 min per combination</li> <li>- 05 min feedback (Each Coach debrief with his/her Demo Rider)</li> <li>- = 15 min each</li> </ul>	Demo Rider/Horse combinations
Time tbc	Meeting room all together	<b>FINAL Debriefing</b> including National Judges, Coaches and Riders moderated by the Experts				
Time tbc	<b>END</b>					

\*Possibility to organize the FEI World Dressage Challenge in the framework of an ESEE (Equestrian Sport Educative Event) - on Day 4



# experience

- every country is different
- no "one size fits all" approach
- weather is a serious problem in tropical countries - programme modification
- NFs are not very helpful!
- programme is enthusiastically taken up by participants but NFs not so

# experience

- the 2 experts have to work very closely together
- SE Asia pilot study - all 4 countries in 1 trip
- where there were national Judges, they were significantly better educated than the Coaches
- judges, coaches, riders all come together to discuss daily work at the end of each day - valuable interaction
- good videographer is essential - programme has less value if the quality is poor

# Asia - dressage

- level of dressage not very high
- some good horses but poor coaching
- some educated judges
- Japan holds CDI 3\* and has Grand Prix horses and riders
- WDCh has been held in THA, MAS, PHI, KOR, CHN, HKG, SIN, INA, TPE

# Asia - PE dressage

- Asia - development of PE sport extremely slow
  - NFs do not want to tackle the issue
  - but interest now because of Tokyo 2020 Olympics -
    - national judges' seminars in Japan
    - Japan will hold its first CPEDI in October 2017
    - Korea have organised several seminars on judging, stewarding and classification

# Asia - PE dressage

- therapeutic riding associations want to control the riders - power struggles
- no understanding of how to progress riders from therapeutic to competitive
- problems with accreditation of judges - PE judges must first be dressage judges



# is ESEE relevant to PE dressage?

- developing countries have very few competitors/ coaches or judges
- hurdles to overcome with NFs - many do not want to take on PE sport
- programme modification to include Stewards along with Judges?
- can we use to educate Coaches as well?
- very basic education level

# ESEE - PE dressage

- judging programme would have to be extended to cover PE rules and regulations as well as basic dressage judging material
- difficult to find coaches and demo riders from local PE community as may not even exist
- Tutor Coach may need to work with therapeutic riding organisations to educate future coaches and inform them about PE dressage sport
- how to identify and develop potential athletes

# the future?

- the dressage ESEE programme is quite well established now
- running in South America, Africa and Asia
  - Philippines later this year
- could it be adapted for PE dressage?
- if so - what do we do about Classifiers?

# the future?

- FEI Development Department was contacted to discuss in principle the possibility of adapting this programme for PE Dressage
- received positive response with proviso that we need to find a suitable Tutor Coach in the first instance
- we might need to do a pilot project for PED just as we did for dressage to explore the problems and possibilities

# the future?

- do you think this has possibilities?



**The End**



