



EADCMP – Measures to protect athletes

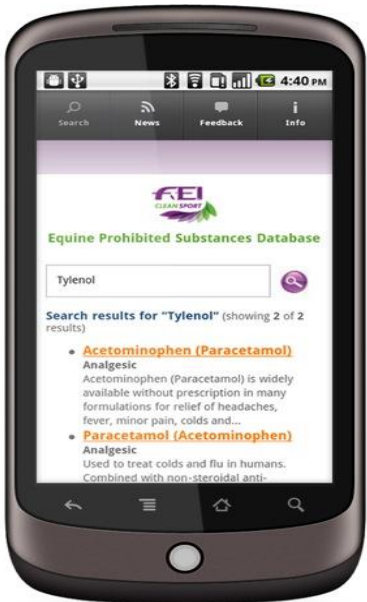
Clean Sport Initiative



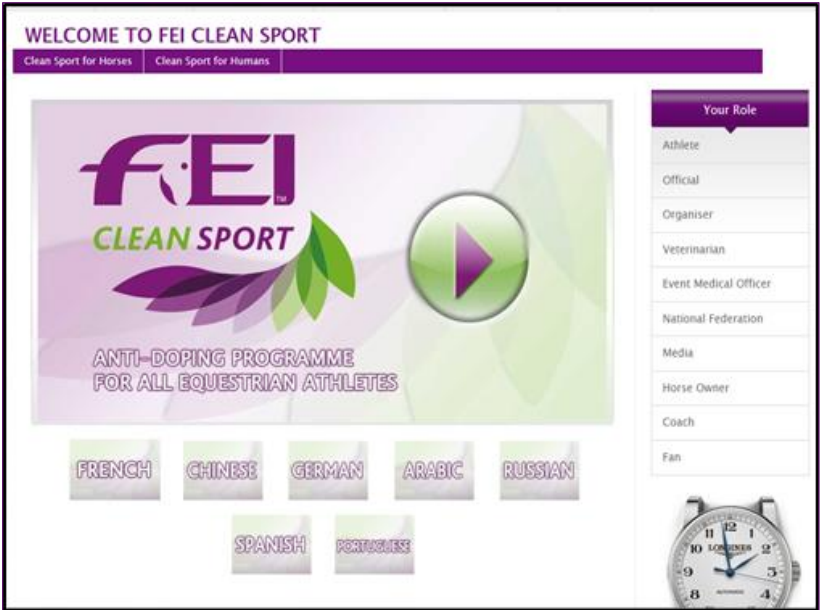
Regulations

Equine Prohibited Substances List

Equine Anti-Doping & Controlled Medication Programme (EADCMP)



Clean Sport Website



Equine Prohibited Substances List

Prohibited Substances

Banned Substances



Controlled Medication



Substances with similar
chemical structure or
biological effect are also
prohibited

Specified Substances

- ❖ may have been ingested by horses other than the enhancement of sport performance
- ❖ not considered less important/dangerous than other Prohibited Substances





Is there a zero tolerance?



Several measures in place to protect the athletes

Detection Times

Detection time \neq Withdrawal time

‘approximate period of time for which a drug or its metabolite remains in a horse’s body, such that it can be detected by laboratory analysis of blood or urine’

- ❖ Expensive to determine
- ❖ FEI detection times based on FEI’s screening limits.

FEI DETECTION TIMES

18 January 2017

Important notes:

- A detection time is not the same as a withdrawal time. The detection time is the approximate period of time for which a drug or its metabolite remains in a horse's body, such that it can be detected by laboratory analysis of blood or urine. The withdrawal time is the time after which a drug or its metabolite is no longer detectable in a horse's body. The detection time is an estimate and the withdrawal time is a minimum. The detection time is based on the screening limits of the FEI laboratory and the withdrawal time is based on the limits of the FEI laboratory.
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Substance	Preparation	Time	Unit	Screening Limit	Detection Time
ANALGESICS	Analgesic	1.0 mg/kg	mg/kg	0.1	120 (120)
ANTHelmINTICs	Anthelmintic	0.1 mg/kg	mg/kg	0.1	120 (120)
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FEI DETECTION TIMES (Cont)

Substance	Preparation	Time	Unit	Screening Limit	Detection Time
ANTHelmINTICs	Anthelmintic	0.1 mg/kg	mg/kg	0.1	120 (120)
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FEI Screening Limits – FSLs

- ❖ The maximum urine or plasma concentration of Prohibited Substances permitted in EADCM samples.
- ❖ Derived from administration studies and risk analysis
- ❖ Cost per SL ~30000-40000 Euro


Harmonised Performance Levels – HPLs

- ❖ The established minimum urine or plasma concentration of Prohibited Substances in EADCM samples that will be reported as a positive finding by FEI approved Laboratories
- ❖ Based on experience and risk analysis
- ❖ Never zero

Threshold Substances

Only adopted for substances:

- ❖ endogenous to the horse
- ❖ arising from plants traditionally grazed or harvested as equine feed
- ❖ in equine feed arising from contamination during cultivation, processing or treatment, storage, or transportation.



2019 FEI Threshold Substances List

EQUINE PROHIBITED SUBSTANCES LIST CATEGORY	SUBSTANCE	THRESHOLD
BANNED SUBSTANCE	Boldenone	0.015µg free and conjugated boldenone per millilitre in urine from male horses (other than geldings)
CONTROLLED MEDICATION	Carbon dioxide (CO ₂)	36 millimole per litre in plasma
CONTROLLED MEDICATION	Dimethyl Sulphoxide (DMSO)	15µg/ml in urine, or 1µg/ml in plasma
CONTROLLED MEDICATION	Dopamine	Dopamine is controlled via its metabolite 3-methoxytyramine. The threshold for 3-methoxytyramine is 4 µg/ml in urine
BANNED SUBSTANCE	Estradiol	Free and conjugated Salpha-estrane3beta, 17alpha-diol, 0.045µg/ml in urine in male Horse (other than geldings)
CONTROLLED MEDICATION	Hydrocortisone	1µg/ml in urine
CONTROLLED MEDICATION	Salicylic acid	750µg/ml in urine, or 6.5µg/ml in plasma
BANNED SUBSTANCE	Testosterone	0.02µg free and conjugated testosterone per millilitre in urine from geldings, or 0.055µg microgram free and conjugated testosterone per millilitre in urine from fillies and mares (unless in foal)

30 November 2018

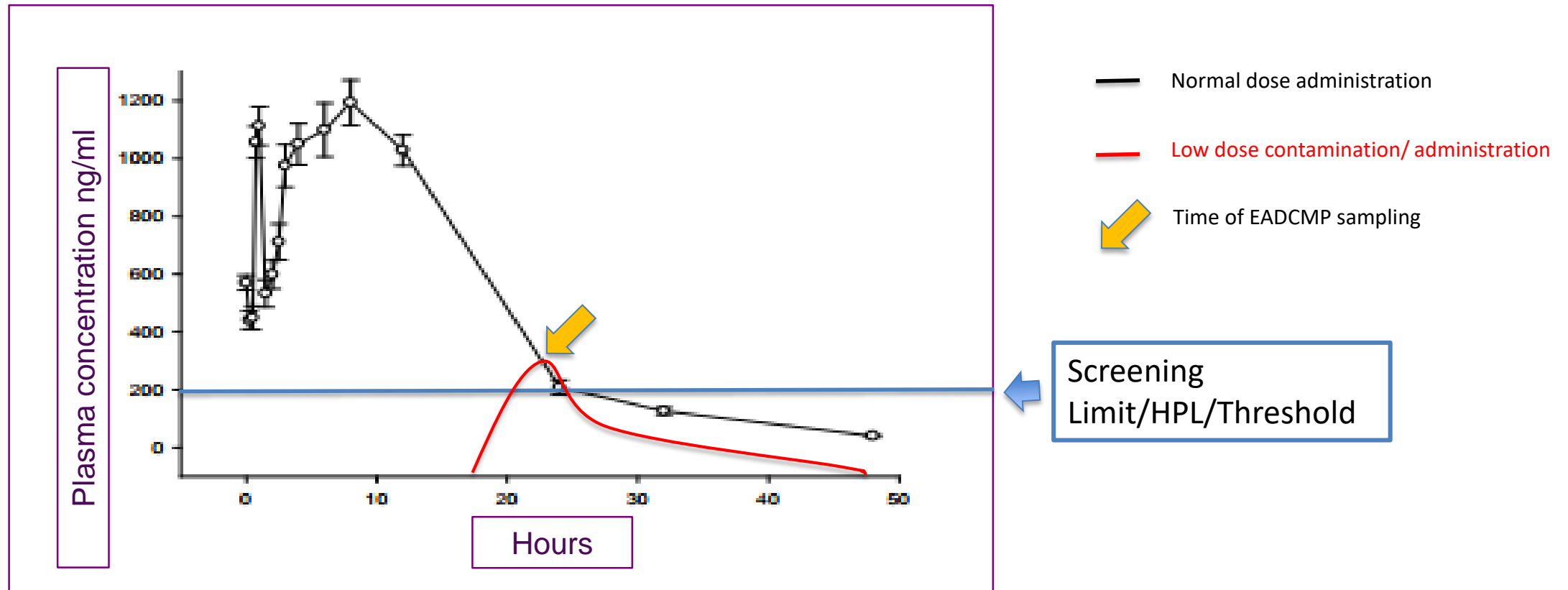
Recommended by IFHA in consultation with AORC & IGSRV



So, there is really not a zero tolerance in regards of reported analytical findings



Why is it not straightforward to determine contamination vs. administration?



Conclusion: Based on the sample analysis, it's often not possible to differentiate between contamination and administration

Problematic substances

A combination of features that complicate for athletes and regulators

- ❖ Plant origin
- ❖ Effective pharmaceutical / doping substance
- ❖ Licensed pharmaceutical product
- ❖ Available in supplements or could be find as contaminant in feed