## COURSES FOR NATIONAL COACHES According to the FEI Coach Education Programme Level 1 Course for National Coaches - Olympic Disciplines

Kuala Lumpur – Equestrian Association of Malaysia

Dates: 23 to 27 April 2019

FEI Tutor: Dimitrios Drakakis (GRE)

The NF of Malaysia, Equestrian Association of Malaysia, hosted the Level 1 Course for National Coaches – Olympic Disciplines at the Royal Selangor Polo Club in Kuala Lumpur from 23<sup>rd</sup> to 27<sup>th</sup> March 2019.



The course was attended by 11 participants and two observers.

The course was indeed intensive; starting at 7:30 am until after 6pm, taking the aspiring coaches through all the modules guided by a very experienced and enthusiastic tutor Dimitrios Drakakis from Greece, that ensured all tasks were covered with interactive theoretical and practical activities.

It was an exciting experience not only for the coaches but for the volunteer riders (guinea pigs) as well.



Participants hailed from different states in Malaysia, and from regional neighbouring countries: Singapore, India, Thailand. Most of the candidates were active riders and coaches seeking a systematic structural approach to teaching and helping their students develop their skills within the FEI guidelines, this created vibrant participation from all candidates.

The diversity of backgrounds and cultures of the group underpinned the importance of a common equestrian language, that all acknowledged as an important aspect of this programme in helping the development of coaches in the region.



By: Lorraine Bottreau