

Level 1 Course for National Coaches According to the FEI Coach Education Programme

Location (BUL): Frigopan, Tsaratsovo, Bulgaria -26 – 30.06.2023 FEI Tutor: Peter Strijbosch (NED)



Bulgarian Equestrian Federation (BEF) with the support of FEI Solidarity was a host of a Level 1 course for National coaches. The course was organized on 26 – 30 June with tutor Peter Strijbosch.

For the second time BEF as organizer has worked with Mr. Strijbosch on such a course.

As tutor he as always was very dedicated and always assure that the organization of the demonstrations and lessons were well prepared. We had enough horses and demo riders who were participated every day. Me and Mr. Strijbosch we were very pleased with these great riders and horses. As an organizer I am very grateful to riders and people from HRC Frigopan and their demo riders which were very responsive, and always on time for the lessons as a demo riders.

It was very successful course for all participants. Mr. Strijbosch was so cooperative and helpful all the time. It was very interesting for everybody to work with him. He knows a lot for coaching, for horses and for the breeding of the horses. He was very precise in every lesson strictly following the time table. It was so easy to work with him! Great tutor! As an organizer I know that the good tutor is very important part of making the course successful.

Horse riding center "FRIGOPAN" is great venue for competitions and also for organizing this type of events like this type of courses. One indoor, three outdoor arenas, great facilities for accommodation. The hotel on the venue is a very comfortable. Bulgarian equestrian federation is so grateful for the support of the owners of HRC "Frigopan" – Mr. Dimitar Angelchev and Mr. Atanas Angelchev for their support to organize this course.

The organization was easy with the support of the riding center and all the demo riders and coaches. Especially on behalf of the federation We want to thank to Anastas Tanev, one of the coaches who is working in the HRC Frigopan, for his help to organize the demo riders and responsibility everybody of them to be on time for the lessons.

BEF is also grateful to people who participate in the courses as a demo rider, it was so important to have them to have a successful course. They were prepared and on level and the most important thing, they work as a team during the whole course.

The Level 1 course for coaches were so important to develop the level of our coaches. We already had courses in Bulgaria as the Introduction courses before level 1. The courses are incredible tool to check the level, to develop and learn new things, to know the right way of coaching. It is also developing the level of the riders, and this inevitably leads to the development of the entire sport.

In this course all the participant understands and see the importance of flat work, working on the exercises for jumping, to have a session planner for every lesson and personal evaluation. They can analyze their mistakes, learn from it and try once again. The practice in the courses is crucial and for sure more practical lessons are more helpful. From day to day, you can see how much participants (coaches) are changing in their lessons and you can see real improvement. The tutor's directions was exactly in the point, clear and helpful.

The outcome of the participants for the course and the tutor Mr. Strijbosch is not positive, it is excellent!

Bulgarian equestrian federation would like to thank once again for the opportunity to host such a helpful course thanks to FEI Solidarity and Bulgarian Olympic committee, and last but not least the dedication of Mr. Strijbosch!





04.07.2023
Velyana Zhelyazova
Secretary General
BEF